

**Community Relief and Resilience – consumer checklist resilience** – consumer checklist

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|  | **Feeling secure, protected and living a life free from harm has long been recognised as one of the most basic human needs**   * **Is the person subject to personal or family violence, and/or physical or emotional neglect?** * **Is there a risk of self-inflicted injuries or suicide?** * **Is there a dependent, such as a child, who may be unsafe?** |
| **A sufficient income, along with safe and secure shelter, is essential**  **for a person to be able to fully engage in their community**   * **What is the person’s main source of income?** * **Is that income adequate to cover weekly living expenses?** * **Does the person have outstanding debts?** * **Is the person’s accommodation safe and secure?** |
| **Health is impacted by a range of social, economic, cultural, and environmental factors, such as poverty. Good health is crucial to overall wellbeing and resilience**   * **Does the person have any health or mental health problems?** * **Does the person have a disability that creates barriers for**   **them?** |
| **Education and training are essential to equip us with the knowledge and skills we all need to contribute to and benefit from our community and economy**   * **Is the person currently engaged in education or training?** * **Does the person have the support to gain employment?** |
| **Individual and community connections are critical for social and emotional wellbeing**   * **Does the person have a supportive family?** * **Is the person linked through a local social network?** * **Does the person have a strong connection to culture?** |
| **People have a fundamental right to make decisions about their own**  **lives, because they know what is in their best interests**   * **Are the person’s rights and choices being acknowledged and respected?** * **Does the person require assistance in managing and addressing their needs?** |



Community relief & resilience – consumer outcomes

**Community Relief and Resilience – consumer outcomes checklistresilience** – consumer checklist

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|  | **Immediate outputs/outcomes**   * **Person has a plan in place to ensure own or others safety** * **Reduced exposure to violence or abuse**   **Intermediate outputs/outcomes**   * **Reduced incidence of FDV / child protection system** * **Families have relationships safe from harm** |
| **Immediate outputs/outcomes**   * **Person has immediate financial crisis needs met** * **Person has access to nutritious food and accommodation**   **Intermediate outputs/outcomes**   * **Improved financial resilience** * **Stabilised housing** |
| **Immediate outputs/outcomes**   * **Early identification of health issues and link to supports** * **Establishment of referral pathways to relevant services**   **Intermediate outputs/outcomes**   * **Reduced admissions to secondary and tertiary health services** |
| **Immediate outputs/outcomes**   * **Person can identify skills and learning required to achieve their goals and a pathway to acquiring these**   **Intermediate outputs/outcomes**   * **Person actively engaged in education / training** * **Improved rates of local school attendance** |
| **Immediate outputs/outcomes**   * **Person aware of and accessing community programs / activities** * **Person is supported to connect with family / culture etc**   **Intermediate outputs/outcomes**   * **Stronger sense of community belonging** |
| **Immediate outputs/outcomes**   * **Person can articulate needs and advocate for services** * **Person linked to advocacy and community legal centres**   **Intermediate outputs/outcomes**   * **Community and family wellbeing enhanced** * **Reduced need for community relief and resilience services** |



Community relief & resilience – consumer referrals

**Community Relief and Resilience – consumer referrals resilience** – consumer checklist

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|  | **Local supports that can help**   * **Crisis care** * **Domestic violence services** * **Women’s health centres / men’s help lines** * **Mental health supports** * **Department of Communities** |
| **Local supports that can help**   * **Entry point / Housing providers** * **Tenancy support services** * **Employment support services** * **Financial counsellors / financial capability officers** * **National Debt Helpline** |
| **Local supports that can help**   * **Bulk billing GP’s / Street doctor** * **Local counselling services** * **Mental health programs** * **Sport and recreational activities** |
| **Local supports that can help**   * **Parenting and family support services** * **Employment support services** * **Education / training providers** * **Local schools** |
| **Local supports that can help**   * **Peer supports** * **Connect groups** * **Volunteer organisations** * **Sport and recreational activities** |
| **Local supports that can help**   * **Peak bodies** * **Advocacy and community legal centres** * **Local government** |



Community relief & resilience – consumer notes

**Community Relief and Resilience – consumer notes**checklist

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|  | **Strengths**  **Issues**  **Plans** |
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