

**Community Relief and Resilience – consumer checklist resilience** – consumer checklist

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|  | **Feeling secure, protected and living a life free from harm has long been recognised as one of the most basic human needs** * **Is the person subject to personal or family violence, and/or physical or emotional neglect?**
* **Is there a risk of self-inflicted injuries or suicide?**
* **Is there a dependent, such as a child, who may be unsafe?**
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| **A sufficient income, along with safe and secure shelter, is essential** **for a person to be able to fully engage in their community*** **What is the person’s main source of income?**
* **Is that income adequate to cover weekly living expenses?**
* **Does the person have outstanding debts?**
* **Is the person’s accommodation safe and secure?**
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| **Health is impacted by a range of social, economic, cultural, and environmental factors, such as poverty. Good health is crucial to overall wellbeing and resilience** * **Does the person have any health or mental health problems?**
* **Does the person have a disability that creates barriers for**

**them?**  |
| **Education and training are essential to equip us with the knowledge and skills we all need to contribute to and benefit from our community and economy*** **Is the person currently engaged in education or training?**
* **Does the person have the support to gain employment?**
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| **Individual and community connections are critical for social and emotional wellbeing*** **Does the person have a supportive family?**
* **Is the person linked through a local social network?**
* **Does the person have a strong connection to culture?**
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| **People have a fundamental right to make decisions about their own** **lives, because they know what is in their best interests** * **Are the person’s rights and choices being acknowledged and respected?**
* **Does the person require assistance in managing and addressing their needs?**
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Community relief & resilience – consumer outcomes

 **Community Relief and Resilience – consumer outcomes checklistresilience** – consumer checklist

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|  | **Immediate outputs/outcomes*** **Person has a plan in place to ensure own or others safety**
* **Reduced exposure to violence or abuse**

**Intermediate outputs/outcomes*** **Reduced incidence of FDV / child protection system**
* **Families have relationships safe from harm**
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| **Immediate outputs/outcomes*** **Person has immediate financial crisis needs met**
* **Person has access to nutritious food and accommodation**

**Intermediate outputs/outcomes*** **Improved financial resilience**
* **Stabilised housing**
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| **Immediate outputs/outcomes*** **Early identification of health issues and link to supports**
* **Establishment of referral pathways to relevant services**

**Intermediate outputs/outcomes*** **Reduced admissions to secondary and tertiary health services**
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| **Immediate outputs/outcomes*** **Person can identify skills and learning required to achieve their goals and a pathway to acquiring these**

**Intermediate outputs/outcomes*** **Person actively engaged in education / training**
* **Improved rates of local school attendance**
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| **Immediate outputs/outcomes*** **Person aware of and accessing community programs / activities**
* **Person is supported to connect with family / culture etc**

**Intermediate outputs/outcomes*** **Stronger sense of community belonging**
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| **Immediate outputs/outcomes*** **Person can articulate needs and advocate for services**
* **Person linked to advocacy and community legal centres**

**Intermediate outputs/outcomes*** **Community and family wellbeing enhanced**
* **Reduced need for community relief and resilience services**
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Community relief & resilience – consumer referrals

**Community Relief and Resilience – consumer referrals resilience** – consumer checklist

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|  | **Local supports that can help** * **Crisis care**
* **Domestic violence services**
* **Women’s health centres / men’s help lines**
* **Mental health supports**
* **Department of Communities**
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| **Local supports that can help*** **Entry point / Housing providers**
* **Tenancy support services**
* **Employment support services**
* **Financial counsellors / financial capability officers**
* **National Debt Helpline**
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| **Local supports that can help** * **Bulk billing GP’s / Street doctor**
* **Local counselling services**
* **Mental health programs**
* **Sport and recreational activities**
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| **Local supports that can help*** **Parenting and family support services**
* **Employment support services**
* **Education / training providers**
* **Local schools**
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| **Local supports that can help*** **Peer supports**
* **Connect groups**
* **Volunteer organisations**
* **Sport and recreational activities**
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| **Local supports that can help*** **Peak bodies**
* **Advocacy and community legal centres**
* **Local government**
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Community relief & resilience – consumer notes

**Community Relief and Resilience – consumer notes**checklist

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|  | **Strengths****Issues****Plans**  |
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