

Resources for newly unemployed Western Australians



Unemployment Support

Fair Work Ombudsman information and advice on workplace rights and obligations, including ending employment are available at [fairwork.gov.au](https://www.fairwork.gov.au)

Jobseeker information, including the COVID-19 JobSeeker Subsidy and how to apply is available at servicesaustralia.gov.au/individuals/services/centrelink/job-seeker-payment/how-claim

Information on **money you may be able to claim** due to the **financial impact** of COVID-19 can be found at financialcounsellors.org/money-i-may-be-able-to-claim

Whats Next helps you decide what to do if you have been retrenched or are looking for a new career or training options. Visit whatsnext.dese.gov.au

Australian Unemployed Workers Union is an independent national volunteer organisation run by the unemployed for the unemployed. Learn more at unemployedworkersunion.com

Social & Emotional Wellbeing

The Mental Health Commission has put together useful contacts and resources to assist people to manage their mental health. Visit [Think Mental Health](https://thinkmentalhealthwa.com.au/mental-health-and-covid-19/financial-worry-due-to-covid-19) or thinkmentalhealthwa.com.au/mental-health-and-covid-19/financial-worry-due-to-covid-19

The Samaritans Helpline is a free state based mental health service. Phone **135 247** or visit thesamaritans.org.au

1800 Respect is a free counselling service for anyone experiencing family and domestic violence. Free call **1800 737 732**

COVID Connect is a free phone call to provide support and connectedness during this difficult time. Call **1800 733 276** or register at redcross.org.au/covidconnect

Debt Management

National Debt Helpline can provide financial counselling support and referrals ndh.org.au or call **1800 007 007**

Financial Counsellor's Association of WA has information on how banks may help those experiencing financial hardship, visit financialcounsellors.org/how-banks-may-help-me

Financial Counselling Directory can help you find free financial advocacy and debt support at financialcounsellors.org/find-a-financial-counsellor

Financial Wellbeing workshops and resources to help you meet your financial commitments and build your resilience can be found at www.financialcounsellingnetwork.org.au/financial-wellbeing

Emergency & Food Relief

Emergency Relief and Food Access Service will help you with emergency relief and connect you with a provider in your area. You can free call the service on **1800 979 777** between **9am and 5pm Monday - Friday** (ex. public holidays) or email erfas@anglicarewa.org.au

WAConnect is a free state-wide service directory that can help you and your family find extra help in these challenging times, visit waconnect.org.au